

NDA Track & Field Records: Women Revised: June, 2013

Prior to 2004 and Present (All time record in **BOLD**)

MIDGET GIRLS

100m midget **12.70 in 1982 by F. Gareau (ESFC)**; 13.20 in 2004 by K. Malboeuf (SJSH) 13.20 in 2012 by J. Ouellet (FJM)

200 midget **26.40 in 1982 by F. Gareau (ESFC)**; 27.24 in 2009 by M. McCann (ESCA)

400m midget **1:00.0 in 1975 by L. Bermel (WFSS)**; 1:03.65 in 2009 by N. Dupuis (ESCA)

800m midget **2:18.00 in 1975 by L. Bermel (WFSS)**; 2:31.75 in 2013 by E. Hansel (WFSS)

1500m midget **4:45.00 in 1978 by S. Horne (WFSS)**; 5:15.72 in 2011 by M. Fraser (CSS)

3000m midget **10:33.00 in 1978 by S. Horne (WFSS)**; 11:43.80: 2004 by H. Cobble Dick (WSS)

80 m hurdles midget **12.80 in 1997 by K. Hodge (CSS)**; 13.00 in 2007 by S. Swain (CSS)

300 m hurdles midget **48.80 in 1997 by K. Hodge (CSS)**; 50.41 in 2007 by S. Swain (CSS)

High jump midget **1.56m in 1998 by M. Stacey (WSS)**; 1.47m in 2012 by T. Restoule (NSS)

Long jump midget 4.80m in 1993 by R. McIntosh (CSS); **4.98m in 2011 by T. Murphy (SJSH)**

Triple jump midget 10.24m in 1992 by N. Lachance (ESFC); **10.29m in 2011 by T. Murphy (SJSH)**

Shot put midget **10.40m in 1998 by C. Legault (NSS)**; 9.23m in 2007 by A. Loyst (SJSH)

Discus midget **27.68m in 1984 by J. Larush (ESA)**; 24.65m in 2012 by B. Sheppard (ESCA)

Javelin midget **31.85m in 1991 by L. Hotte (ESCA)**; 29.71m in 2012 by T. Tremblay (ESCA)

4 x 100 m relay midget **51.40 in 1996 by CSS**; 54.29 in 2010 by SJSH

JUNIOR GIRLS

100 m junior **11.87 in 1983 by F. Gareau (ESFC)**; 12.90 in 2004 by L. Graham (SJSH)

200 m junior **25.20 in 1984 by F. Gareau (ESFC)**; 27.85 in 2012 by A. Lefebvre (ESCA)

400 m junior **1:00.0 in 2001 by T. Dufresne (ESCA)**; 1:02.05 in 2012 by A. Lefebvre (ESCA)

800 m junior **2:13.20 in 1996 by C. Crawford (WSS)**; 2:34.39 in 2008 by D. Chartrand (ESCA)

1500 m junior **4:30.00 in 1996 by C. Crawford (WSS)**; 5:24.24 in 2008 by D. Chartrand (ESCA)

3000 m junior **10:08.90 in 1996 by C. Crawford (WSS)**; 11:45.40 in 2004 by A. Callahan (ESCA)

80 m hurdles junior **11.90 in 1992 by J. Green (CSS)**; 12.53 in 2008 by S. Swain (CSS)
300 m hurdles junior **45.80 in 1999 by K. Hodge (CSS)**; 49.43 in 2008 by E. Jeanneault (SJSH)
High jump junior **1.61 m in 1982 by C. Hurd (WSS)**; 1.46 m in 2006 by J. Piper (CSS)
Pole vault junior N/A prior to 2004 **2.92 m in 2010 by A. Fung (CSS)**
Long jump junior **5.12m in 2000 by L. Sogbein (SJSH)**; 4.90m in 2006 by J. Piper (CSS)
Triple jump junior **10.37m in 1994 by N. Lachance (ESFC)**; 10.32m in 2004 by T. Simard (ESCA)
Shot put junior **11.15m in 1988 by J. Archambault (ESFC)**; 10.07m in 2008 by A. Loyst (SJSH)
Discus junior **33.52m in 2000 by C. Legault (NSS)**; 29.19m in 2005 by A. Perron (ESCA)
Javelin junior 32.81m in 1986 by J. Larush (ESCA); **33.14m in 2008 by E. Hirschberger (ESCA)**
4 x 100 m relay junior **52.20 in 1998 by SJSH**; 54.13 in 2011 by SJSH

SENIOR GIRLS

100 m senior **12.10 in 1985 by F. Gareau (ESFC)**; 12.90 in 2005 by S. Stubbert (SJSH)
200 m senior **24.70 in 1986 by F. Gareau (ESFC)**; 26.50 in 2005 by L. Church (WSS)
400 m senior **57.20 in 1986 by F. Gareau (ESFC)**; 1:03.59 in 2007 by K. Charland (ESCA)
800 m senior **2:13.80 in 1983 by R. Cassidy (WFSS)**; 2:30.34 in 2005 by K. Brown (WSS)
1500 m senior **4:35.71 in 1983 by R. Cassidy (WFSS)**; 5:04.90 in 2006 by H. Cobbletick (WSS)
3000 m senior **10:03.60 in 1983 by R. Cassidy (WFSS)**; 12:04.80 in 2005 by C. Gawinski (WSS)
100 m hurdles senior 15.90 in 1994 by J. Green (CSS); **14.43 in 2011 by S. Swain (CSS)**
400 m hurdles senior **1:06.70 in 1991 by M. Roy (CSS)**; 1:09.40 in 2005 by L. Church (WSS)
High jump **senior 1.68m in 1982 by F. Bradley (ESFC)**; 1.50m in 2004 by J. Galt (FJM) and
1.50m in 2007 by J. Piper (CSS)
Pole vault open/senior 2.70m in 2003 by S. Sheremeta (CSS); **3.33m in 2011 by S. Swain (CSS)**
Long jump senior 5.01m in 1968 by R. Groom (CSS); **5.10m in 2005 by T. Simard (ESCA)**
Triple jump senior 10.30m in 1999 by S. Laperrière (ESCA); **10.99m in 2006 by T. Simard (ESCA)**
Shot put senior 11.86m in 1989 by J. Archambeault (ESFC); **11.99m in 2010 by A. Loyst (SJSH)**
Discus senior 34.06m in 1999 by C. Francoeur (ESCA); **35,11m in 2008 by A. Perron (ESCA)**
Javelin senior 35.75m in 1984 by C. Brewer (CSS); **41.82m in 2007 by K. Weston (WSS)**

4 x 100 m relay senior **51.00 in 1982 by ESFC**; 52.92 in 2012 by SJSH

1500 m steeplechase open N/A prior to 2004 **5:31.30 in 2005 by K. Gawinski (WSS)**

4 x 400 m relay open **4:15.10 in 1977 by WFSS**; 4:27.03 in 2005 by WSS