

**N.D.A.**

**GIRLS PLAYING REGULATIONS**

**(Revised June 2019)**

## BASKETBALL

### ALL SPORTS

*Eligibility - See the NDA Constitution.*

### *Schedules -*

*If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.*

*There shall be no NDA scheduled games, or activities, for 3 days preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

*Every attempt should be made to avoid league games on Sundays or holidays.*

*Every attempt should be made to schedule no more than 2 games per week in all sports.*

*No NDA contest or activity shall be scheduled that "affects school time", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

*The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.*

*Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.*

*In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.*

**DIVISIONS:**

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

**ELIGIBILITY:**

A student must have played in at least two (2) regular league games exclusive of play-off games in that division in the district before being eligible for N.O.S.S.A. A player may not play in one classification if she has played in her district play-offs in another classification.

**TEAM FINANCING:**

1. The costs for tie breaking games are to be shared by the teams involved.
2. Costs include travel and officials.

**REGULAR SEASON AND PLAY-OFF STRUCTURE**

The junior and senior girls' basketball leagues regular seasons consist of each team playing each other team once when the league has 8 or more teams entered. When a league has 7 or fewer teams entered, they will play each other in a home and home format. When a league has 4 or 5 teams entered, they will play each other at a minimum of home and home format to a maximum 12 games per team. Also, the league convenor shall use the previous year's schedule in order to ensure equity in which teams play home and away. Every effort should be made to make games junior and senior double headers versus the same school.

In the event that a team (or teams) drops out of a league after the schedule has been made, no revisions will be permitted. Teams will follow the original schedule and will receive a bye where the games with the team dropping out of the league were scheduled.

1. All teams shall make the play-offs
2. All play-off games shall be sudden-death games.
3. The NDA Finals shall be a best two (2) of three (3) series.
4. All playoff games will be at the court of choice of the home team with venue fees if any to be paid by the host school.

The following shall be used as the format for the play-off structure:

- (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final (best two of three).
- (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play in the final (best two of three).
- (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (d) In a six (6) team league, the play-off format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.

- (e) In a seven (7) team league, the play-off format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
- (f) In an eight (8) team league, the play-off format shall be: 1-bye, 2-bye, 3-bye 4-bye 5 vs. 8, 6 vs. 7, with the winning teams advancing to the next round where 1-bye, 2-bye, 3 vs the lowest ranked remaining team, 4 vs the highest ranked remaining team. The winning teams will then follow the format for a four (4) team league.
- (g) In a nine (9) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7-bye, 8 vs. 9 with the winning team advances and the format followed shall be according to an eight (8) team league.
- (h) In a ten (10) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7 vs. 10, 8 vs 9 with the winners advancing and the format shall be that of an eight (8) team league.

### **TIE-BREAKING PROCEDURE:**

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the points for and against, with the teams tied as they appear against each other - a maximum difference of 20 points shall be awarded in each game.
  - (c) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
  - (d) The team that has the fewest points against
2. In all cases of **three-way ties** for any position in the league standing, the convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure. Once the order (ranking) of the three tied teams has been established, the lowest ranking team shall be eliminated and the convenor shall then break the tie between the two remaining teams using the two-way tie breaking procedures.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the points for and against, with the teams tied as they appear against each other.
  - (c) The season's won-lost record of each of the teams tied as they appear against every other team in the league.
  - (d) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
  - (e) The team that has the fewest points against

**N.O.S.S.A. REPRESENTATIVES**

1. NOSSA participants will be determined following playoffs with the winning team getting first pick (declaring in their respective classification or higher), finalists getting the second pick with the third spot being filled according to league standings.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
  - (a) N.D.A. Play-off Champion
  - (b) N.D.A. Play-off Finalist
  - (c) N.D.A. League Champion
  - (d) The highest ranking Semi-finalist using league standings
  - (e) The other Semi-finalist
  - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
  - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
  - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

**OFFICIALS AND GAME RULES:**

1. The current National Basketball Association Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the membership as a whole.
2. One (1) IAABO rated official or Superior OBA official must be used for every game.
3. Rated officials only, are to be assigned to officiate at all tie breaking games at the end of league play.
4. Rated officials, only, are to be assigned to officiate at N.D.A. tournament games.
5. Officials should be given a dressing room not used by coaches or team members.
6. The three (3) point shot rule shall be in effect.

**AWARDS:****1. Trophies to be presented:**

Junior:	League Champions - C.S.S. Raiderettes Trophy Play-off Champions - N.D.A. Tournament Plaque
Senior:	League Champions - Norma Higgs Trophy Play-off Champions - N.D.A. Tournament Plaque
Other Trophies:	Marg Stephen Trophy - Officials

Each of these trophies will be held by the winning school for the championship year.

**2. Pennants to be presented:**

An N.D.A. pennant shall be awarded to the N.D.A. Play-off Champions. This pennant will be kept by the winning school. If there are no play-offs, the pennants will be presented to the League Champions.

3. No additional awards shall be given to each member of a championship team.

## SOCCKER

### ALL SPORTS

*Eligibility - See the NDA Constitution.*

#### *Schedules -*

*If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.*

*There shall be no NDA scheduled games, or activities, for 3 days preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

*Every attempt should be made to avoid league games on Sundays or holidays.*

*Every attempt should be made to schedule no more than 2 games per week in all sports.*

*No NDA contest or activity shall be scheduled that "affects school time", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

*The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.*

*Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.*

*In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.*

**DIVISIONS:**

There are no age divisions in N.D.A. Girls' Soccer. The individual's birth certificate must indicate that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

**ELIGIBILITY:**

Players playing for any other Club or Association will be permitted to play for their respective high school teams as well as for their Club or Association.

**SCHEDULE:**

1. All play-off games are to be played on the home field of the higher placed team. If field conditions prevent this from happening, then a neutral field shall be used.

2. No playoff games are to be scheduled on the same day as the NDA Track and Field championship.

**LENGTH OF GAMES:**

Games are two (2) forty-five (45) minute halves, with a five minute break between halves. If a game that is in progress is cancelled due to uncontrollable circumstances, the result of the game will stand if two-thirds of the game has been played. If less than two-thirds of the game has been played, the game will be replayed during the next "make-up" day built into the schedule.

**RULES:**

For any discrepancy in rule interpretation at the N.D.A. level, the convenor shall refer to F.I.F.A. rules as the deciding factor with the following exceptions:

1. Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

**SUBSTITUTES:**

Each team will be allowed to dress an unlimited number of substitutes. Each team shall be permitted an unlimited number of substitutions on goals or goal kicks. Teams may also substitute on their own throw-ins. The other team may also substitute if substitution is first initiated by the other team.

**FIELD OF PLAY:**

Each school should provide four (4) corner flags. Corner flags should be at least five (5) feet high and have a non-pointed top. The field of play should be properly marked as laid out in the F.I.F.A. Rules. The convenor shall determine the field of play in extreme situations.

**UNIFORMS:**

Each school should have jerseys with team colours as well as numbers on the back of the sweater. If team colours are similar, the home team will be required to change their colours for the game. All players must wear shorts, appropriate footwear, shin pads and socks (which must cover the entire shin pad). The goalie must wear a jersey of a different colour which distinguishes her from other players.

**RULE INFRACTIONS:**

Infractions of the rules will result in the enforcement of C.S.A. rules. A red card will therefore involve a minimum suspension of the remainder of the game as well as one (1) additional game. The accumulation of three (3) yellow cards in a season (including play-offs) will result in a suspension of one (1) game.

**TIE-BREAKING PROCEDURE:**

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.  
E.g. If Team A beats Team B 11-0, the difference is only +3 and not +11  
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
  - (c) The season's difference between the goal for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game.
  - (d) The team that has the fewest goals against
  
2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
  - (a) The won-lost record of the teams tied as they appear against each other.
  - (b) The difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.  
e.g. If Team A beats Team B 11-0, the difference is only +3 and not +11  
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
  - (c) The season's won-lost record of each of the teams tied as they appear against every other team in the league.

- (d) The season's difference between the goals for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game
- (e) The team that has the fewest goals against

### PLAY-OFF FORMAT

1.
  - (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final.
  - (a) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off.
  - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
  - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four(4) team league.
  - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
  - (f) In an eight (8) team play-off the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
2. All teams shall advance to the play-offs.
3. **All play-off games will be sudden death games at the field of choice of the home team with venue fees if any paid by the host school.** In the event that teams are tied at the conclusion of regulation time in play-off games, two (2) fifteen (15) minute NOT sudden-death halves shall be played. If the teams are still tied at the conclusion of overtime, then the following procedure shall be used:
  - (a) Each team will select five (5) players from those on the field at the conclusion of the overtime. These five (5) players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
  - (b) If still tied, the remaining players shall take kicks, one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

### N.O.S.S.A. REPRESENTATIVES

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.

2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
- (a) N.D.A. Play-off Champion
  - (b) N.D.A. Play-off Finalist
  - (c) N.D.A. League Champion
  - (d) The highest ranking Semi-finalist using league standings
  - (e) The other Semi-finalist
  - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
  - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
  - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

#### **AWARDS:**

1. **Trophies to be presented:**

League Champion -	Youth Sports Association Trophy
Play-off Champion -	Youth Sports Association Trophy

2. **Pennant to be presented:**

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

## VOLLEYBALL

### ALL SPORTS

*Eligibility - See the NDA Constitution.*

### *Schedules -*

*If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.*

*There shall be no NDA scheduled games, or activities, for 3 days preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

*Every attempt should be made to avoid league games on Sundays or holidays.*

*Every attempt should be made to schedule no more than 2 games per week in all sports.*

*No NDA contest or activity shall be scheduled that "affects school time", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

*The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.*

*Any incidences of player or coach misconduct but be forwarded, by the convenor to the coach's principal.*

*In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.*

**DIVISIONS:**

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

**OFFICIALS:**

1. Qualified referees must be used for every match. If the referee is unqualified, she/he must be approved by each team.

**SCORING:**

1. Triplicate score sheets shall be used. One (1) will be sent to the Convenor and one (1) copy given to each coach.

**RULES:**

1. The current VC Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the District membership as a whole. Exceptions to VC Rulebook:
  - (a) Each team will be permitted twelve (12) substitutions per set.
  - (b) Back row specialist player "libero" will not be designated.
  - (c) The time-outs during a match will be 60 seconds for all league and play-off matches.
2. The home team must provide the convenor with the results of their match that evening and a copy of the score sheet should be sent to the convenor as soon as possible.
3. Each school must supply trained scorers.
4. (a) a match shall consist of the best three (3) out of five (5) sets. In doubleheader matches played on Monday and Tuesday, the juniors will play the first match and the seniors the second match. On Wednesday, Thursday, or Friday doubleheader matches, the seniors will play first and the juniors second.
  - (b) In doubleheader matches, the first match will start at 4:30 p.m. with the second match's on court preparation beginning at 5:50 p.m. or as soon as the first match is complete.
5. N.D.A. Finals must be completed prior to the N.O.S.S.A. Championship.

**REGULAR SEASON AND PLAY-OFF STRUCTURE**

The junior and senior girls' volleyball leagues regular seasons consist of each team playing each other team once when the league has 8 or more teams entered. When a league has 7 or fewer teams entered, they will play each other in a home and home format. When a league has 4 or 5 teams entered, they will play each other at a minimum of home and home format to a maximum 12 games per team. Also, the league convenor shall use the previous year's schedule in order to ensure equity in which teams play home and away. Every effort should be made to make games junior and senior double headers versus the same school.

In the event that a team (or teams) drops out of a league after the schedule has been made, no revisions will be permitted. Teams will follow the original schedule and will receive a bye where the games with the team dropping out of the league were scheduled.

1. All teams shall make the play-offs.
2. All play-off games shall be sudden-death.
3. The NDA Finals shall be a best two (2) of three (3) series.

The following shall be used as the format for the play-off structure:

- (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final (best two of three).
- (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play in the final (best two of three).
- (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (d) In a six (6) team league, the play-off format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.
- (e) In a seven (7) team league, the play-off format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
- (f) In an eight (8) team league, the play-off format shall be: 1-bye, 2-bye, 3-bye 4-bye 5 vs. 8, 6 vs. 7, with the winning teams advancing to the next round where 1-bye, 2-bye, 3 vs the lowest ranked remaining team, 4 vs the highest ranked remaining team. The winning teams will then follow the format for a four (4) team league.
- (g) In a nine (9) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7-bye, 8 vs. 9 with the winning team advances and the format followed shall be according to an eight (8) team league.
- (h) In a ten (10) team league, the play-off format shall be 1-bye, 2-bye, 3-bye, 4-bye, 5-bye, 6-bye, 7 vs. 10, 8 vs 9 with the winners advancing and the format shall be that of an eight (8) team league.

#### **TIE-BREAKING PROCEDURE:**

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
  - (a) The won-lost record of the teams tied as they appear against each other using matches.
  - (b) The won-lost record of the teams tied as they appear against each other using sets.

- (c) The difference between the points for and against, with the teams tied as they appear against each other.
  - (d) The season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
  - (e) The season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
  - (f) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
  - (g) The team that has the fewest points against
2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
- (a) The won-lost record of the teams tied as they appear against each other using matches.
  - (b) The won-lost record of the teams tied as they appear against each other using sets.
  - (c) The difference between the points for and against, with the teams tied as they appear against each other.
  - (d) The season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
  - (e) The season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
  - (f) The season's difference between the points for and against of the teams tied as they appear against every other team in the league.
  - (g) The team that has the fewest points against

#### **N.O.S.S.A. REPRESENTATIVES:**

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
  - (a) N.D.A. Play-off Champion
  - (b) N.D.A. Play-off Finalist
  - (c) N.D.A. League Champion
  - (d) The highest ranking Semi-finalist using league standings
  - (e) The other Semi-finalist
  - (f) The team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.

- (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
- (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

**AWARDS:****1. Trophies to be presented:**

Junior:	League Champions Play-off Champions
Senior:	Team Award: Thomas Brooks Trophy League Champions: G.A. Whitman Trophy Play-off Champions

Each of these trophies is to be held by the winning school for the championship year.

**2. Pennants to be presented:**

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

**3. No additional awards shall be given to each member of a championship team.**

## GIRLS HOCKEY

### ALL SPORTS

*Eligibility - See the NDA Constitution.*

### *Schedules -*

*If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.*

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

*Every attempt should be made to avoid league games on Sundays or holidays.*

*Every attempt should be made to schedule no more than 2 games per week in all sports.*

*No NDA contest or activity shall be scheduled that "affects school time", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

*The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.*

*Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.*

*In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.*

**PUPPOSE:**

The purpose of the N.D.A. Girls Hockey Playing Regulations is to ensure equitable and fair chance for any member school to compete at the NOSSA championship. Therefore, any school that wants to represent the NDA at the NOSSA level must adhere to all sections of the playing regulations outlined below.

**DIVISION:**

1. Girls Hockey shall be considered as a varsity team sport (only one age classification); whereas all participating student-athletes shall meet the eligibility requirement as listed in the Eligibility section of the Girls Hockey Playing Regulations as well as the NDA Constitution.
2. Each school shall be permitted to enter only one team into the competition.

**AWARDS:**

1. There shall be no awards (banners, ribbons or medals) for Girls Hockey.

**ELIGIBILITY (student-athlete):**

1. The individual's birth certificate indicates that he has not reached his 19<sup>th</sup> birthday by January 1 prior to the start of the school year in which the competition is held.
2. No competitor is eligible for NOSSA-sanctioned events whose name has appeared on a game sheet, and has dressed, after **December 1st** for any of the following **Senior AAA teams**: The Aeros, Durham Telus Lightning, Brampton Thunder, Ottawa, or Mississauga Ice Bears, or any expansion team in this league, or who is a member of the National Junior or senior team.
3. All players must be certified as eligible by the Principal of the school and as such, all teams shall submit an Eligibility List (through the AELS System) to the Convenor the day prior to the Challenge Games.

**ELIGIBILITY (team):**

1. Each team must compete in a minimum of 6 exhibition or tournament games **PRIOR** to the NDA Challenge Competition in order to be eligible for the Challenge competition. Teams must be able to provide the NDA convenor with proof by providing a copy of the games' scoresheet.
2. Schools must indicate their intent to participate to the Convenor by the first Friday of the second semester of the current school year. At this time, they must indicate if they are participating at their Classification level, or if they are declaring up to the AAA level. Once this deadline is passed, teams will not be permitted to compete in the Challenge games. As well, they cannot declare up to the AAA classification level.

## CONVENORSHIP:

1. Girls Hockey shall be listed within the NDA Convenor's Rotation list beginning for the 2012-13 school year. The rotation shall be as follows:

2012-13 – Algonquin  
2013-14 – West Ferris  
2014-15 – SJSH  
2015-16 – Franco-Cité  
2016-17 – Widdifield

2. Convenors will be responsible for organization (ice rental, scheduling, obtaining competent referees) for the Challenge Games. On years when the NDA is also the NOSSA host, the NDA convenor shall also be the NOSSA Convenor.

## SCHEDULE:

1. There shall be no formal schedule prior to the NDA Challenge Game Series. A Challenge Game for each level (A/AA and AAA) shall occur ONLY if two school teams want to compete and that they have met the Eligibility requirements. The winner of the game shall be required to advance to the NOSSA Championship. If the NDA has two entries for the NOSSA competition, there shall be no Challenge Game played. For seeding purposes, the Convenor shall use the results of exhibition or tournament games of these teams against each other. If they haven't played each other, the Convenor and the coaches from these schools shall come to a consensus for a ranking. If no consensus can be reached, the Convenor shall flip a coin to decide the ranking.
2. If three (3) or more teams are challenging for one of the levels, a single game, round-robin tournament shall be organized by the Convenor. During the round robin, tie games shall remain as such. Once the round-robin is complete, the highest ranking team shall be required to advance to the NOSSA Championship. If the NDA has two positions at the NOSSA at the NOSSA Championship, the top two teams shall be required to advance to the NOSSA championship. If after the round-robin, teams are tied for a position, they shall be broken in using the following tie-breaking procedures IN ORDER as they appear:

**(i) If two teams are tied for a playoff position:**

- The team which won the game between the two tied teams during round-robin play shall receive the position

- If their game was a tie, then the team with the greater goal differential ("goals or" minus "goals against") shall receive the position

- If still tied, the following equation shall come into effect:

**"Goals for" minus "goals against" divided by "goals against.** The team with the higher number shall advance.

(ii) **If three (3) teams are tied for one playoff position:**

- If one team defeated the other two teams during round-robin play that team shall receive the playoff position.

- The team with the greater goal differential ("goals for" minus "goals against") among the three tied teams in round-robin play, **in games involving the tied teams only** shall receive the position.

- If still tied then the team with the greatest goal differential in **all round-robin games** shall receive the position.

- If still tied, the following equation shall come into effect "**goals for" minus "goals against" divided by "goals against"**.

(ii) **If three (3) teams are tied for more than one playoff position**

- If one team defeated the other two teams during round-robin play, it shall receive the higher position.

- If this is not the case, or to determine the remaining positions follow the last three steps as outlined in (ii) above.

(iii) **If more than three (3) teams are tied for a playoff position**

- The team(s) with the greater goal differential ("goals for" minus "goals against") among the tied teams in round-robin games **involving those tied teams** shall receive the position(s).

- If ties still remain the team(s) with the greater goal differential **in all round-robin games** shall receive the position(s).

- If ties still remain the following equations shall come into effect: "**Goals for" minus "goals against" divided by "goals against"**.

(v) **In the event that any of the above do not break the tie for round-robin placement, the positions will be determined by the number of penalty minutes by the teams throughout the pool play and those teams with the least number of penalty minutes shall receive the position(s).**

3. The costs for the Challenge Games shall be shared equally by the teams competing.

## **RULES:**

CHA rules shall govern play in the NOSSA Championship with the following exceptions:

- (a) CSA approved facemasks and BNQ approved throat protectors must be worn by all participants including goalies. It is mandatory for all players to wear an inner mouth guard.
- (b) The maximum number of players permitted to dress for a game is twenty (20), eighteen (18) plus two (2) goalies. A team must have a minimum of nine (9) players, eight (8) skaters and one (1) goalie to start a game. Otherwise the game is forfeited.
- (c) The red line shall be eliminated with regard to the off-side and thus the following special rule applies:
  - The legal number of players must be on the ice for each face-off (to prevent gaining positional advantage after drop of puck).
- (d) If a player receives four (4) minor penalties or three (3) stick penalties in one game, she is ejected for the remainder of the game.
- (e) If a player receives a match penalty or a major penalty her team shall play shorthanded for five (5) minutes and that player is ineligible to play in the remainder of that game and in any further tournament games.
- (f) All games, shall consist of three (3) thirteen-minute stop-time periods. If there is a spread of five (5) or more goals the final period shall be straight time. If the point spread returns to a 3-goal spread, it returns to stop time.
- (g) Teams are permitted one 30 second time-out for all games played in the tournament.
- (h) In the event of a tie game at the end of regulation time, the following will apply:
  - (i) one ten-minute sudden victory overtime period using a three-on-three system shall be played until a winner is declared.
  - (ii) In the event that one team is serving a penalty at the end of regulation time, it shall be four-on-three until the first whistle after the penalty has expired. At the expiration of the penalty the penalized player shall return to the ice and the teams shall play four-on-four until the first whistle at which time the teams shall revert to three-on-three.
  - (iii) If the game is still tied, a three (3) girl simultaneous shootout will take place. Shooters and one alternate must be declared on the game sheet **prior to the start of the game**. Substitution for an injured or penalized player is allowed. Penalized players may not participate in a shootout.
  - (iv) If the game is still tied, a one (1) girl simultaneous sudden victory shootout shall take place using the same players in the same order as above.